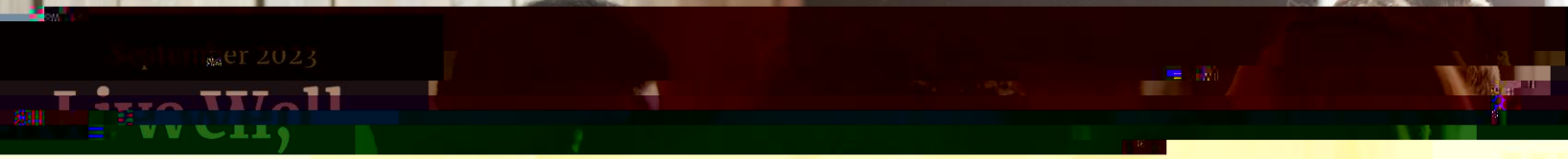

September 2023

Live Well,

© 2023 Zywave, Inc. All rights reserved.

Apple Oatmeal Muffins