

Curriculum Vitae

Catherine W. Brock, OTD, OTR/L, CLCP, CLT, BCB-P, -D, Myr (c) (R) (U) (TT)

- Neuromuscular Re-education
- Occupational Therapy Services

9/2006 – Present

Adjunct Faculty Instructor
University of South Alabama – Mobile, AL

- Guest Lectures / Presentations: Lymphedema Management, Wound Care Management, Neuro-Developmental Treatment, and Life Care Planning
- Research Assistant: Urinary Incontinence and Effects on Aging Females, Effects of Chronic Venous Insufficiency on Lifestyle
- Clinical Instructor: Level I Fieldwork, MSOT Students

6/1994 – 10/2000 Occupational Therapist / Assistant Director
Therapy Management Services –

July 2015 Certified Lymphedema Therapist. Academy of Lymphatic Studies. (CLT)

December 2016 Board Certified in Biofeedback – Pelvic Motor Dysfunction. BCIA. (BCB-PMD)

Memberships

American Occupational Therapy Association
Alabama Occupational Therapy Association

Scholarship

2020 The Use of Devices in the Treatment of Urinary Incontinence
University of Alabama at Birmingham – Birmingham, AL

- A Scoping Review for Publication
- Capstone Project

2018 Effects of Chronic Venous Insufficiency on Lifestyle.
University of South Alabama – Mobile, AL

- Assist with patient population, evaluation and supervise research project in conjunction with MSOT students -
Poster presentation application to AOTA

2017 Effects of Urinary Incontinence on Aging Females.
University of South Alabama – Mobile, AL

- Assist with patient population, evaluation and supervise research project in conjunction with MSOT students -
Poster presentation application to AOTA

Service

2020 - Present Recognitions Chair.
Alabama Occupational Therapy Association.

Awards

2019 Occupational Therapy Award of Excellence.
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Presentations

September 2021 ALOTA State Fall Conference – Presenter
The Use of Devices in the Reduction of Urinary
Incontinence – A Scoping Review

Professional Development

October 1994 Advanced Use of Modalities for Occupational Therapists

October 1994 Evaluation and Treatment of Visual Perceptual Dysfunction

November 1994 Upper Extremity Myofascial Releasing Techniques

October 1995 Mind-Body Medicine – Focus on Immune System, Pain, and
Emotion

April 1996 An Integrative Approach to the Examination and Rehabilitation
of the Shoulder

February 1997 Myofascial Release I – John Barnes, P.T.

October 1997 Orthotics Used with the NDT Approach to Neurologic Patients

October 1998 Neuro-Developmental Treatment in the Treatment of Adults
with Hemiplegia

- Completed 3-week certification course – Rehabilitation
Institute of Chicago – Chicago, IL

October 2001 Innovation in Practice: The Best of Environmental Access

April 2004 The Management of Burns

September 2007 Psychotropic Drugs and Behavior Management

December 2007 Introduction to Upper Extremity Mobilization

January 2008 Home Accessibility for Older Adults: An Occupational
Therapist's Guide

January 2008 The Management of Arthritis

Fall 2000-2013 Annual Attendance to the International Symposium on Life
Care Planning

July 2015

Lymphedema Management

- Complete Certification Course
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